



## Camp for Adults with Cancer May 9<sup>th</sup> - 11<sup>th</sup>

### What is the purpose of Camp Bluebird? Camp Bluebird provides adult cancer patients:

- A time for listening and learning
- A time for sharing
- Suggestions for adjusting to life with cancer
- Tips for giving—and receiving—family support
- An overview of non-medical needs and how to meet them
- Answers to medical concerns
- Information on treatments and side effects
- Nutritional information
- Creative outlets through arts and crafts

### Who can attend?

Any adult, age 18 or older, who has been diagnosed with cancer, is invited to attend.

### Where is the camp located?

St. Charles Retreat Center  
2151 Sam Houston Jones Pkwy  
Lake Charles, LA 70611 (Moss Bluff)

### What should I bring?

Campers should bring toiletry items, linens, comfortable clothing, and walking shoes. Meals and snacks will be provided.

### Who sponsors Camp Bluebird?

Camp Bluebird is made possible by **The Foundation at Lake Charles Memorial Hospital**. Through the generous support of The Foundation's donors, the Cancer Fund supports this camp for local cancer patients.

### Who are the counselors?

Camp Bluebird counselors are members of Memorial's Cancer Center team, which include physicians, nurses, a social worker, a dietician, pastoral care associates and volunteers.